VISION
Our community works together to provide for life-long opportunities for active living and wise stewardship of natural resources. Keene has beautiful, well-maintained parks and cemeteries, a citizenry that incorporates physical activity into their daily lives, and a connected system of open space, parks and trails.

MISSION
The mission of the Keene Parks, Recreation and Facilities Department is to provide the citizens of Keene with quality community services and amenities including a park and cemetery system, balanced environmental stewardship and diverse programming to inspire and support active lifestyles for all ages throughout the life span.

CONTACT
Keene Recreation Center
312 Washington Street
Keene, NH 03431
Phone: (603) 357-9829
Fax: (603) 283-5661
www.KeeneParks.com

Stay Connected!
Follow us on Facebook Keene Parks and Recreation
Follow us on Instagram @KeeneRecreationCenter
Follow us on Twitter @KeeneRecreation

The Keene Parks and Recreation Department reserves the right to limit registration and participation in any program. Keene Parks and Recreation also reserves the right to make other changes in the program, including but not limited to: date and time changes, registration limit and others as may be required.
**RECREATION MEMBERSHIPS**

**RECREATION CENTER MEMBERSHIPS**
Annual memberships are renewed September 1st and can be purchased at the Recreation Center office during normal business hours or online at KeeneParks.com. Memberships are valid September 2019 through August 2020.

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Resident</th>
<th>Non-Resident</th>
<th>Walking Only</th>
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</thead>
<tbody>
<tr>
<td><em>Adult Membership (18+)</em></td>
<td>$30</td>
<td>$60</td>
<td>$10</td>
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<tr>
<td><em>Senior Membership (55+)</em></td>
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<td>$40</td>
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</tr>
<tr>
<td>Youth Membership (17 and Under)</td>
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</table>

**PAYMENT POLICY**

**KPRD Payment Policy:** Any customer who has an unpaid balance with the City of Keene cannot sign up for any programs or activities until the past due balance is paid off. Once the balance is paid, payments for future programs will have to be paid either up front or paid in weekly payments before the program starts. All programs have to be paid in full before the start date. If they are not paid in full, that registrant will be unregistered from the program. Keene Parks and Recreation does offer scholarship assistance, but the application form and instructions need to be completed prior to the program start date.

**ONLINE REGISTRATION**

Please visit KeeneParks.recdesk.com to create your household account for online registration and payment:

1. Click **Log In** in the upper right hand corner of the page
2. Create **New Account** or **Sign In**
3. Enter all user information for the main account holder first, then click **Add New Member** until you have completed all immediate household members
4. Click **Save & Continue** when all members entered
5. To register for a program, click on **Register Now** and complete the Program Registration page and click **Save**, add to cart
6. Click **Go to Checkout** from the shopping cart to checkout and complete payment

Please Note: We accept debit/credit cards online and in person with an additional convenience fee of 2.79% charged of the total amount due. For payments made in the main office, we also accept cash and check payable to the “City of Keene”. For further information or assistance, please contact the main office at 357-9829.
YOUTH ACTIVITIES

YOUTH ARCHERY
STARTING JANUARY 7TH
KPRD and the North Branch Bowman Club will offer youth archery classes at the Recreation Center on Tuesdays, January 7th through March 17th. Classes will run from 6:00-7:00PM.
Age & Divisions: This program is designed for children in the 5th grade and older.
Fee: $25.00 per child.
Registration: Registration begins November 4th online at KeeneParks.com or in the main office at the Recreation Center.
Deadline: Registrations will be accepted until December 20th or until the program is full. Early registration is recommended as space is limited.

YOUTH BASKETBALL
STARTING JANUARY 4TH
Signups for the Youth Basketball League will be taken at the Recreation Center until Wednesday, December 11th at 5:00PM. League play will begin January 4th and end February 15th.
The cost is $50 per child for Keene residents and $65 for non-residents. All teams are co-ed and games are held here in the Recreation Center gym.
*Keene residents will be able to start signing up on Tuesday, October 8th and non-residents can sign up Tuesday, October 15th.
Age & Divisions: Teams will be grouped into four divisions:
K-1st (fundamental instructional league), 2nd-3rd Grade, 4th-5th Grade and 6th-8th Grade.
K-1 will meet on Saturdays beginning January 4th through February 15th from 9:00-10:00AM. Grades 2-3, 4-5, and 6-8 will meet Saturdays January 4th through February 15th for one hour between the hours of 10:30AM-4:00PM. Coaches will notify players of their designated practice time slot.
Fee: Resident $50.00, Non-Resident $65.00.
Registration: Online registration available at KeeneParks.com or stop into the main office.
Deadline: December 11th 5pm or until the program is full.
Volunteer: Our Youth Basketball league runs off Volunteer Coaches! If interested in coaching please contact the main office.

Did you know?
Online registration can save you a trip to the office! Visit www.KeeneParks.com today!
**FAMILY ACTIVITIES**

**TAEKWONDO**

**ONGOING PROGRAM**

Rouleau’s Taekwondo has offered quality instruction at the Keene Recreation Center for over 35 years! Children’s new beginner classes are held Thursdays 6:00-7:00PM and advanced children’s classes are Mondays and Thursdays 6:00-7:30PM. Adult instruction is also available!

**Cost:** $40 per month per individual. Family rates are available.

For more information, contact Master David Perra at (603) 756-3318 or email at perramcclellan@gmail.com. Check them out on Facebook or visit their webpage www.rtkd.org

**ELKS HOOP SHOOT**

**SATURDAY, DECEMBER 7TH**

The annual Elks Hoop Shoot will be held at the Recreation Center on December 7th from 9:00AM-12:00PM. This event is free and open to children ages 8-13 years old. Come test your skills against others in your age group, you may qualify for the State competition!

**FIREMEN’S PARADE**

**SUNDAY, OCTOBER 6TH**

The officers and members of the Keene Fire Department cordially invite you to participate in our annual Fire Prevention Parade on Sunday, October 6th starting at 1:00PM. All bands and marching units meet at 12:00PM at 350 Marlboro Street. The parade will head up Marlboro Street, turn right on Main Street, proceed up Main Street through Central Square to Washington Street, then left on Mechanic Street, and the final left into the parking lot where it will disband. Following the parade, join us at Central Station for light refreshments and a presentation of trophies. This event is rain or shine.

**TRICK-OR-TREATING**

**THURSDAY, OCTOBER 31ST**

The City of Keene and Mayor Kendall Lane has designated October 31st as the official night for trick-or-treating in Keene from 5:30-7:30PM. Children are welcome at households that have porch or exterior lights turned on. Let’s make this a happy and safe Halloween!

*Follow us on Facebook!  
Keene Parks and Recreation*
**ADULT ACTIVITIES**

- **ADULT CO-ED SOCCER**
  **STARTING JANUARY 5TH**
  This league is designed for adults to have fun while increasing physical activity. Rosters can be downloaded at KeeneParks.com. Games will take place Sunday mornings for 8 weeks including playoffs.
  **Fee:** Team fee of $125.00 due at registration. **Deadline:** Team roster and league fees are due by Wednesday, December 18th at 5:00PM. A league meeting will then be held to distribute rules to all team captains.

- **MEN’S BASKETBALL LEAGUE**
  **STARTING JANUARY 5TH**
  KPRD is accepting rosters for the 2020 season. Rosters can be downloaded at KeeneParks.com. Teams must have a minimum of 8 players. Games will take place at Keene High School through mid March, including playoffs.
  **Fee:** Team binder fee of $750.00 **Deadline:** Rosters and league fee are due at registration by Wednesday, November 20th at 5:00PM. No rosters will be accepted without full payment. Teams cannot play until fee is paid in full.

- **QIGONG CLASSES**
  **CLASSES ONGOING**
  Qigong is a very gentle, but powerful Eastern form of exercise thousands of years old. The slow and simple movements encourage the smooth flow of Qi (energy) and when practiced regularly, promotes longevity, decreases pain, and alleviates stress while increasing balance, strength, and flexibility. Most importantly, it teaches you awareness of yourself and the world around you, which can then assist in leading a safe and balanced life. All ages and ability levels welcome.
  **Fee:** $3.00 per class paid to instructor. **Schedule:** Classes meet weekly on Tuesdays from 11:30AM-12:30PM in Room 14 at the Recreation Center. Instructed by Ginnette Groome, LMT, CAT, BFP.

- **INDOOR WALKING**
  The Recreation Center offers a safe indoor walking environment Monday-Friday 7:00-9:00AM. An annual membership is required and may be purchased in the main office beginning September 1st for the school year. Memberships are valid through August 2020. Come and enjoy! Meet new friends and do something good for your health at the same time.
  **Fee:** Daily fee of $2 for residents, $3 non-residents, or an annual recreation membership may be purchased in the main office.
  **Contact:** Main office at (603) 357-9829 for more information and open walking hours.
  *Walking is subject to Gym availability and hours may be changed due to other programs. To confirm gym availability, please call ahead.*

Follow us on Twitter! @KeeneRecreation
SENIOR SHAPE UP

CLASSES ONGOING

Women’s Senior Shape Up with Griselda is offered Monday, Wednesday and Friday year ‘round at the Recreation Center from 9:00-10:00AM. Griselda combines stretching and aerobics in a fun atmosphere for participants at all levels of physical fitness.

Fee: $2.00 per class paid to instructor.

ZUMBA GOLD

STARTING SEPTEMBER 10TH

Zumba Gold is offered Tuesdays and Thursdays 10:30-11:30AM in the Gym. Zumba Gold is a bit slower paced, designed for beginners and the young at heart! The program follows the school year calendar and will not run during the summer months. This session will run from September 10th through October 29th.

Fee: $48 for the 8 week session.

PICKLEBALL

STARTING IN OCTOBER

Come join one of the fastest growing sports! KPRD offers Pickleball on Monday, Wednesday, and Fridays from 9:00AM-12:00PM in the Gym. Beginning the first week in October, you can swing by and meet new friends, try a new sport and increase your physical activity at the same time!

Fee: Daily fee of $2 for residents, $3 non-residents, or an annual recreation membership may be purchased in the main office or online at KeeneParks.com.

SPONSORSHIPS

LOOKING TO ADVERTISE?

Contact the main office for info on advertising sponsorship opportunities at 357-9829

CONVENIENT MD
PIZZA PIE
FENTON FAMILY DEALERSHIPS
FINANCIAL SOLUTIONS GROUP
GAMES 2goNH
KEENE ORTHODONTIC SPECIALISTS
AMERICAN HOMES
YANKEE LANES
# FALL GYM CALENDAR

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tr>
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<tr>
<td>Basketball 7-9pm</td>
<td>Soccer 7-9pm</td>
<td>Basketball 7-9pm</td>
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Saturday & Sunday OPEN GYM 12-4pm

*KPRD has the right to change or modify this schedule at any given time*